

# Don't wait to meet with your Connect team.

They're your designated care team for health and wellness.



## Your Connect team is here for you.

In fact, your Connect team can help you find the right doctors and providers, as well as custom wellness tools you can use to improve your health.

Whether your health journey begins at home, at the doctor's office, or in the hospital, your Connect team can provide you with comprehensive resources, including:

- Education on how to get the best use of your benefits.
- Individual case management, wellness coaching, and help with making important care decisions.
- Mental health support.



Scan this QR code to make sure your contact information is up to date on the member website.



To learn more, call your  
Connect team at +1 833-226-2239.



Because Life.™



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The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。