



# Get the max out of your dental plan

### Create a *MyDentalBenefits* account

It's the online hub where you can check your coverage details, see claims and payments, print extra ID cards and more.

Set up an account after your plan's effective date. When you're ready, simply visit **UnitedConcordia.com/GetMDB**. Make sure to have your member ID or social security number handy.



Scan to create your *MyDentalBenefits* account

### Visit in-network dentists

You'll save money by staying in network for your dental care. Just visit **UnitedConcordia.com/FindADentist** to locate an in-network dentist near home or work.



Scan to find an in-network dentist

### Download the United Concordia Dental app

The app lets you access your *MyDentalBenefits* info from your smartphone or tablet. You can log in with the same user ID and password.

### Get our Chomper Chums® app for kids

No more nagging—children love brushing alongside their favorite Chomper Chum. A built-in timer ensures they brush, floss and rinse for a full two minutes.

### Sign up for tips via email

Each month, we'll send pointers to help you understand your dental plan and keep your mouth healthy. Sign up for emails when you create your *MyDentalBenefits* account.

### Go paperless

Sign up to get an email when you have a new Explanation of Benefits. View or print it from your *MyDentalBenefits* account.



**Learn more at [UnitedConcordia.com/GetStarted](https://UnitedConcordia.com/GetStarted)**

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-332-0366 (TTY: 711).
Español (Spanish)	ATENCIÓN: Si habla español, le ofrecemos de ayuda lingüística gratuita. Llame al 1-800-332-0366 (TTY: 711).
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-332-0366 (TTY: 711)。