

Your Introduction to Virtual Primary Care

In partnership with Recuro Health, Allied brings next gen Primary Care directly to you.

If you are enrolled in any one of the Allied medical plans, you have access to Virtual Primary Care. Your Virtual Primary Care benefits provide you and your covered family members access to virtual care services anytime, anywhere.

With this benefit, you have a direct touchpoint to top primary care physicians dedicated to understanding your needs and developing a tailored care plan to fit your lifestyle. Schedule same-day appointments conducted via video or phone.

Virtual Primary Care Features

- ① Dedicated, board-certified, top-tier physicians, available when you are
- ② At-home labs and health risk assessment for personalized care
- ③ Integrated Behavioral Health and Acute Care services
- ④ Same-day virtual appointments via phone or video



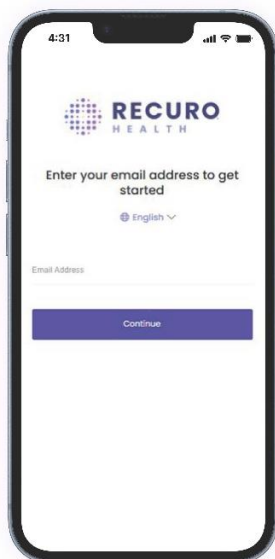
Getting Started with Virtual Primary Care

Follow the steps below to start accessing your virtual primary care benefits.

STEP 1

Activate

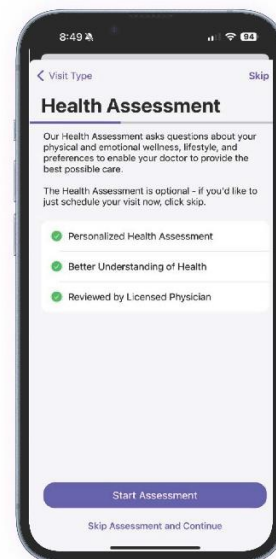
Open the My Allied Portal app and click Primary Care to begin activating your Recuro Health account.



STEP 2

Complete Health Assessment

Request your initial visit and complete the health assessment for your personalized care plan.



STEP 3

Order Labs

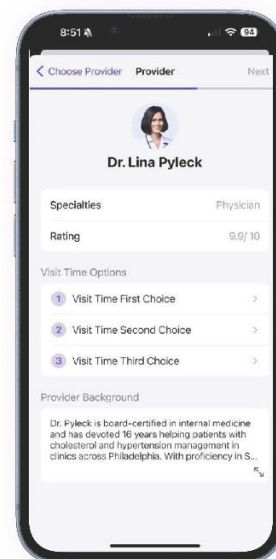
Order your at-home lab kit, conveniently delivered to your doorstep.



STEP 4

Select Provider and Schedule Consult

Choose your preferred physician and available appointment time. See the same dedicated physician for your annual check-up and any follow-up visits.



Don't forget to download the Recuro Health app from your device's app store.

For assistance using Recuro Health, please call Recuro Customer Service at 855-673-2876.

Members must be at least 18 years old to receive Virtual Primary Care services through Recuro Health. Urgent Care services are available to members of all ages. Behavioral Health services are limited to members age 14 years or older. For dependents under 18 years old, the primary account holder must request the visit on their behalf through the app, website or by phone; the parent/guardian must be present at the beginning and end of each visit.

Recuro services are for non-emergency conditions only. Recuro services are not considered insurance or a Qualified Health Plan under the Patient Protection and Affordable Care Act. Recuro doctors do not prescribe DEA controlled substances (schedule I-IV) and does not guarantee that a prescription will be written. For updated full disclosures, please visit www.recurohealth.com